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Secreted amyloid β -protein similar to that in the senile plaques of Alzheimer's disease is increased *in vivo* by the presenilin 1 and 2 and APP mutations linked to familial Alzheimer's disease

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To determine whether the presenilin 1 (PS1), presenilin 2 (PS2) and amyloid β -protein precursor (APP) mutations linked to familial Alzheimer's disease (FAD) increase the extracellular concentration of amyloid β -protein (A β) ending at A β 42(43) *in vivo*, we performed a blinded comparison of plasma A β levels in carriers of these mutations and controls. A β 1-42(43) was elevated in plasma from subjects with FAD-linked PS1 ($P < 0.0001$), PS2_{N141I} ($P = 0.009$), APP_{K670N,M671L} ($P < 0.0001$), and APP_{V717I} (one subject) mutations. A β ending at A β 42(43) was also significantly elevated in fibroblast media from subjects with PS1 ($P < 0.0001$) or PS2 ($P = 0.03$) mutations. These findings indicate that the FAD-linked mutations may all cause Alzheimer's disease by increasing the extracellular concentration of A β 42(43), thereby fostering cerebral deposition of this highly amyloidogenic peptide.

Amyloid β -protein (A β) ending at A β 42(43) is deposited early and selectively²⁻⁴ in the senile plaques that are an invariant feature of all forms of Alzheimer's disease (AD). It is now well established that A β is a secreted peptide that is normally released from the amyloid β -protein precursor (BAPP) through cleavage by proteases referred to as β and γ secretase^{5,6}. Most secreted A β in human cerebrospinal fluid and in medium conditioned by cultured cells is A β 1-40, but a small component is A β 1-42(43)^{8,10}, which forms insoluble aggregates much faster than A β 1-40 *in vitro*¹¹⁻¹⁴.

Because A β deposition is an early and constant feature of AD, it has been hypothesized that the APP and presenilin PS1 and PS2 mutations that are known to cause early-onset familial

Alzheimer's disease (FAD)¹⁵⁻¹⁸ act to foster A β deposition either by increasing the extracellular concentration of A β or through some other mechanism. We previously analyzed fibroblasts¹⁹ from subjects carrying FAD-linked APP mutations or cells transfected with mutant APP cDNAs (ref. 27-29). These studies showed that the APP mutation just amino terminal to A β (APP_{K670N,M671L}) coordinately increases the extracellular concentration of A β 1-40 and A β 1-42(43)²⁶⁻²⁸ and that the FAD-linked mutations carboxy terminal to A β (APP_{V717I}, P_{101L}) selectively increase the concentration of A β 1-42(43)^{29,30}. In the present study, we analyzed the effect of the APP, PS1, and PS2 mutations on the concentration of A β 1-40 and A β 1-42(43) in plasma and in medium conditioned by skin fibroblasts, reasoning that mutations in these widely expressed

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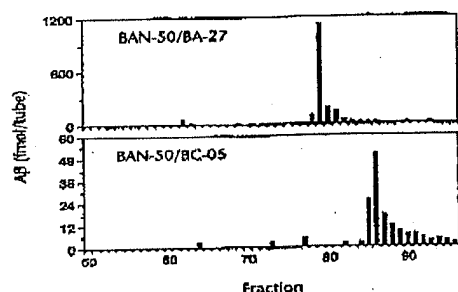


Fig. 1 Analysis by reversed-phase HPLC of the A β in human plasma. Plasma (50 ml) was applied to a BAN-50 immunoaffinity column. Adsorbed materials were eluted with 1 ml of 60% CH₃CN containing 0.2% TFA, and the eluate was lyophilized and further fractionated by reversed-phase HPLC on a Vydac C4 column (4.6 \times 250 mm). Aliquots from fractions were analyzed by BAN-50/BA-27 (upper panel) or BAN-50/BC-05 (lower panel) ELISA.

genes would likely have a generalized effect, operative in peripheral as well as brain cells.

Plasma measurement of A β 1-40 and A β 1-42(43)

To determine whether A β 1-40 and A β 1-42(43) could be detected in human plasma, we analyzed samples obtained conventionally from young volunteers by using EDTA as the anticoagulant. In all plasma samples, A β was readily detected using the well-characterized BAN-50/BA-27 and BAN-50/BC-05 sandwich

ELISAs that specifically detect A β 1-40 and A β 1-42(43), respectively, in medium conditioned by transfected cells expressing pAPP (ref. 29). To be sure that the signals measured in plasma were due to the targeted A β s and not to cross-reacting proteins, a BAN-50 (anti-A β 1-16) column was used to capture the A β in 50 ml of plasma, the affinity-purified protein was separated by reversed-phase HPLC using a C4 column, and each of the relevant fractions was analyzed with BAN-50/BA-27 and BAN-50/BC-05 assays. As expected²⁹, the BAN-50/BA-27 assay only detected plasma A β eluting from the C4 column at the same time as synthetic A β 1-40, and the BAN-50/BC-05 assay only detected A β eluting at the same time as synthetic A β 1-42 (Fig. 1). Analysis of synthetic A β 1-40 and A β 1-42 peptides in this same paradigm showed that recovery from the BAN-50 column was approximately 40% for both A β 1-40 and A β 1-42, and that the recovery of A β 1-40 and A β 1-42 from the C4 column was 66% and 28%, respectively. Assuming similar recovery of the A β 1-40 and A β 1-42(43) in plasma, we estimate that more than 95% of the BAN-50/BA-27 and BAN-50/BC-05 signals directly measured in plasma were due to A β 1-40 and A β 1-42(43), respectively.

Plasma A β in subjects with familial or sporadic AD

In three separate studies, we performed blinded analyses of plasma A β in subjects with FAD-linked mutations or sporadic AD. These three studies assessed: (1) 12 carriers (seven presymptomatic and five symptomatic) and 31 noncarriers in the Swedish APP_{K670N,M671L} family; (2) 9 subjects that carried one of four different PS1 mutations (one presymptomatic and eight symptomatic), 3 symptomatic subjects with the Volga German PS2_{N141I} mutation and 1 symptomatic subject with the APP_{V717I} mutation, and 14 control subjects; and (3) 71 elderly patients with sporadic

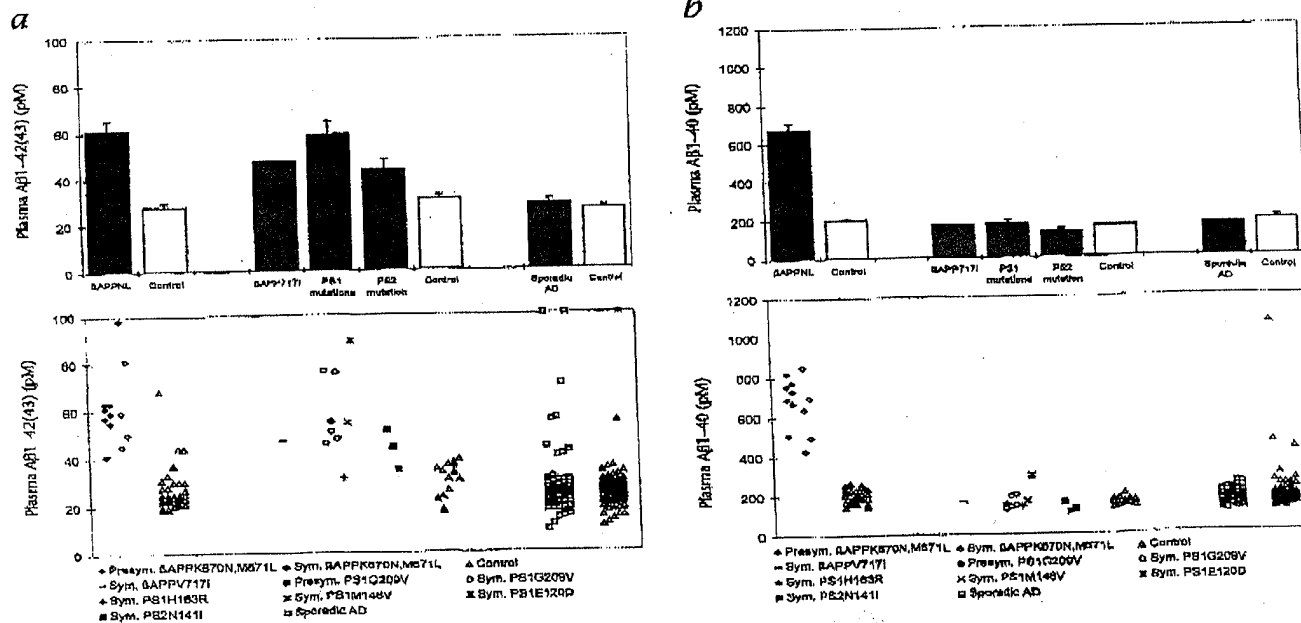


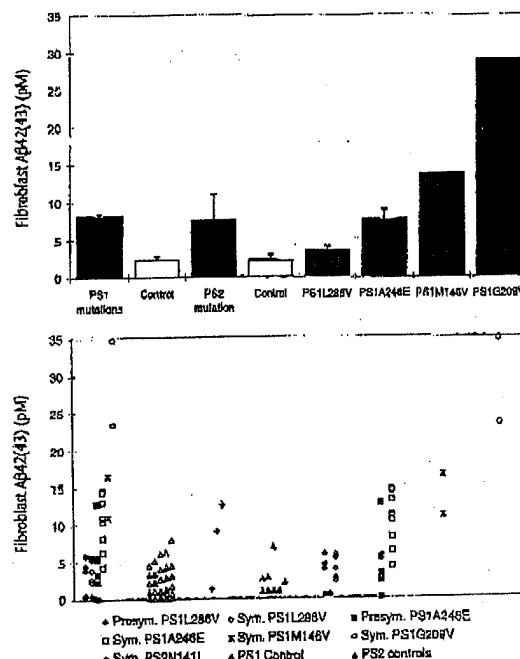
Fig. 2 Plasma A β 1-42(43) (a) and A β 1-40 (b) in subjects with FAD-linked mutations or sporadic AD. upper panels, Mean \pm s.e.m. for each group; lower panels, values for the individual subjects in each group. Symptomatic and presymptomatic carriers of FAD-linked mutations and at-risk noncarriers were identified conventionally by PCR using appropriate primers.

Fig. 3 Aβ42(43) in medium conditioned by fibroblasts from subjects with FAD-linked *P51/2* mutations. We analyzed 26 fibroblast lines with *P51* mutations and 30 control lines in a series of six experiments; and 3 lines with *PS2_{Niall}* mutations and 8 additional control lines in a second series of four experiments. Each line was analyzed in 2–4 experiments; values plotted show the means for all measurements on day 5. *upper panel*, Mean ± s.e.m. for each group; *lower panel*, values for the individual subjects in each group. Carriers of FAD-linked mutations and at-risk noncarriers were identified conventionally by PCR using appropriate primers.

test.

Plasma A β 1-42(43) concentrations in the 31 controls of the first study ($APP_{K670N,M671L}$) (28 ± 2 pM), the 14 controls of the second ($PS1/2$) mutation study (30 ± 2 pM) and the 75 controls of the third (sporadic AD) study (27 ± 3 pM) were essentially identical (Fig. 2a). The mean concentration of plasma A β 1-42(43) was highly significantly increased (Fig. 2a) both in the group of 8 symptomatic subjects with $PS1$ mutations ($PS1_{L202V}$, $PS1_{M146V}$, $PS1_{T182K}$ or $PS1_{F120L}$) (59 ± 7 pM, $P < 0.0001$) and in the 7 presymptomatic subjects (57 ± 3 pM, $P < 0.0001$) and 5 symptomatic (67 ± 10 pM, $P = 0.0002$) subjects with $APP_{K670K,M671L}$ mutations, compared with the 45 age-matched controls. A similar increase in A β 1-42(43) was observed in the single presymptomatic subject with a $PS1_{L202V}$ mutation (55 pM) and the single symptomatic subject with the APP_{V717I} mutation (47 pM). In the three symptomatic subjects with $PS2_{E144I}$ mutations (Fig. 2a), mean plasma A β 1-42(43) was also significantly ($P = 0.009$) increased (43 ± 5 pM). Plasma A β 1-40 in the 12 carriers with $APP_{K670N,M671L}$ mutations showed a marked, highly significant ($P < 0.0001$) increase that was essentially identical in the seven presymptomatic ($P < 0.0001$) and five symptomatic ($P = 0.0002$) carriers making up that group (Fig. 2b). Mean plasma A β 1-40 did not, however, increase in sporadic AD or in subjects with $PS1/2$ or APP_{V717I} mutations (Fig. 2b).

Thus, the mean concentration of A β 1-42(43) was consistently increased in the plasma of subjects with each type of mutated gene known to cause early-onset familial AD, and this increase was unequivocally significant ($P < 0.0001$) when all 25 subjects with FAD-linked mutations were compared with all 45 age-matched controls analyzed in the first two studies. In the 12 subjects with *PS1* or 2 mutations, there was an unequivocal ($P < 0.0001$) se-



lective increase in the mean concentration of A β 1-42(43). As expected from previous studies²⁶⁻³⁰, there was an increase in both A β 1-40 and A β 1-42(43) in subjects with the APP_{K670N,M671I} mutation, but a selective increase in A β 1-42(43) in the subject with an APP_{V717I} mutation.

In the third study, the mean concentration of A β 1-42(43) was not significantly increased in the 71 subjects with late-onset

Table 1 A β from FAD (PS1 mutant) and control fibroblasts, analyzed by experiment

Days of Conditioning		2	5	2	3	4	6	4	5
		BAPP synthesis		AB1-40 (pM)			ABX-42 (pM)		
Experiment 1		n							
Mean FAD1 (S182A344)	7	1.68 ± 0.31	1.74 ± 0.31	3.6 ± 2.3	20.0 ± 6.0	30.0 ± 10.9	39.8 ± 11.1	17.2 ± 1.7**	12.5 ± 2.6*
Mean FAD2 (S182A344)	4	1.74 ± 0.38	1.85 ± 0.53	13.2 ± 4.4*	22.0 ± 9.5*	26.7 ± 6.7*	44.0 ± 10.2*	3.2 ± 2.2	4.4 ± 3.0
Mean All FAD	11	1.64 ± 0.23	1.78 ± 0.26	7.2 ± 2.5	21.0 ± 5.9*	28.0 ± 7.1*	37.5 ± 7.8*	12.1 ± 2.0	9.5 ± 2.2*
Mean Control	7	1.56 ± 0.26	1.36 ± 0.21	2.2 ± 1.5	3.6 ± 2.6	8.1 ± 3.9	14.6 ± 4.0	1.6 ± 1.1	1.4 ± 1.4
Experiment 1		n		AB1-40/BAPP synthesis			ABX-42/BAPP syn.		
Mean FAD1 (S182A344)	7	1.58 ± 0.31	1.74 ± 0.31	1.8 ± 1.1	10.0 ± 3.9	14.4 ± 5.2	18.4 ± 4.2	13.5 ± 3.3	8.4 ± 1.3**
Mean FAD2 (S182A344)	4	1.74 ± 0.38	1.85 ± 0.53	7.1 ± 3.0*	13.5 ± 7.8	18.2 ± 6.9*	22.0 ± 9.6*	1.7 ± 1.0	2.4 ± 3.0
Mean All FAD	11	1.64 ± 0.23	1.78 ± 0.26	3.7 ± 1.6	11.2 ± 3.5*	16.8 ± 3.8*	22.3 ± 4.3*	9.2 ± 2.7*	6.2 ± 1.3*
Mean Control	7	1.56 ± 0.26	1.36 ± 0.21	1.0 ± 0.7	2.0 ± 1.3	6.1 ± 3.2	9.1 ± 2.9	0.9 ± 0.6	0.7 ± 0.7
Experiment 2									
Mean L family FAD (S182A344)	2	1.56 ± 0.70	1.24 ± 0.30	14.4 ± 2.5	32.6 ± 8.0	60.0 ± 11.6	45.9 ± 15.1	22.7 ± 5.3	NM
Mean Control	2	1.68 ± 0.01	1.92 ± 0.21	7.0 ± 2.2	11.3 ± 2.4	41.4 ± 7.3	20.1 ± 6	2.0 ± 2.0	NM
Experiment 3									
Mean FAD1 (S182A344)	6	NM	1.17 ± 0.37	NM	NM	NM	51.3 ± 17.3*	NM	10.3 ± 2.6**
Mean FAD2 (S182A344)	3	NM	1.95 ± 0.11	NM	NM	NM	37.7 ± 0.3*	NM	5.5 ± 1.4**
Mean L family FAD (S182A344)	3	NM	1.20 ± 0.36	NM	NM	NM	96.0 ± 25.1	NM	35.3 ± 6.5**
Mean All FAD	13	NM	1.47 ± 0.30	NM	NM	NM	52.0 ± 10.1*	NM	12.3 ± 3.3**
Mean Control	11	NM	1.10 ± 0.27	NM	NM	NM	23.1 ± 4.1	NM	1.0 ± 0.4
Experiment 4									
Mean Swed/Rinn FAD (S182M144V)	3	1.40 ± 0.20	1.16 ± 0.18	42.4 ± 0.2	NM	NM	105.0 ± 20.1	NM	21.2 ± 4.8
Mean Control	5	1.69 ± 0.14	1.80 ± 0.26	45.9 ± 1.6	NM	NM	80.6 ± 9.0	NM	8.4 ± 1.9
Experiment 5									
Mean Swed/Rinn FAD (S182M144V)	2	NM	1.35 ± 0.28	37.2 ± 4.7	27.4 ± 5.5	49.7 ± 3.0	67.3 ± 7.8	5.1 ± 2.0	6.2 ± 0.6
Mean Control	5	NM	1.73 ± 0.16	37.6 ± 3.0	25.6 ± 4.2	47.3 ± 0.1	38.2 ± 3.6	2.9 ± 0.4	2.2 ± 0.4
Experiment 6									
Mean presyn. FAD1 (S182A344)	6	0.92 ± 0.39	0.72 ± 0.44	40.2 ± 13.4*	30.0 ± 8.5*	30.1 ± 7.7	49.9 ± 15.9*	3.1 ± 1.1	0.4 ± 1.0
Mean presyn. FAD2 (S182A344)	5	2.20 ± 0.32	2.22 ± 0.59	10.8 ± 3.5	9.4 ± 3.1	11.8 ± 4.5	13.4 ± 6.8	2.3 ± 0.8	3.7 ± 1.4
Mean presyn. FAD	13	1.56 ± 0.32	1.47 ± 0.43	20.3 ± 8.3	20.1 ± 5.0	20.9 ± 5.2	31.6 ± 9.4	2.7 ± 0.7	5.0 ± 1.7
Mean Control	10	1.00 ± 0.22	1.73 ± 0.23	12.3 ± 2.2	12.0 ± 2.3	15.5 ± 3.0	21.0 ± 6.0	1.9 ± 0.4	2.2 ± 0.2

* $P < 0.05$; $^{\wedge}P < 0.01$; $^{**}P < 0.001$ by Student's unpaired t-test.

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Table 2 A β from FAD fibroblasts
(means of all experiments, day 5)

Cell line	Family	Status	A β /BAPP synthesis (pM/norm. pixels X 10 ⁻⁵)	
			A β 1-40	A β 42(43)
AG07637A	FAD1 (PS1 A246E)	AD	25.2	10.4
AG07613A	FAD1 (PS1 A246E)	AD	13.5	14.5
AG04159A	FAD1 (PS1 A246E)	AD	82.4	13.1
AG08844C	FAD1 (PS1 A246E)	AD	38.6	11.0
AG08840B	FAD1 (PS1 A246E)	AD	15.3	4.3
AG08848B	FAD1 (PS1 A246E)	AD	37.6	8.2
AG08170A	FAD1 (PS1 A246E)	AD	12.7	6.3
AG07671	FAD1 (PS1 A246E)	Presymp	50.2	3.3
AG08168	FAD1 (PS1 A246E)	Presymp	44.1	2.3
AG08178	FAD1 (PS1 A246E)	Presymp	40.7	5.5
AG07617	FAD1 (PS1 A246E)	Presymp	64.2	12.7
AG07689	FAD1 (PS1 A246E)	Presymp	0.7	0.0
Mean \pm SE FAD1 lines (12)			35.4 \pm 6.8*	7.6 \pm 1.4**
AG08527A	FAD2 (PS1 L286V)	AD	38.4	5.8
AG08541A	FAD2 (PS1 L286V)	AD	19.5	3.9
AG08555	FAD2 (PS1 L286V)	AD	25.3	2.7
AG08563A	FAD2 (PS1 L286V)	AD	57.1	5.4
AG08587	FAD2 (PS1 L286V)	AD	24.8	2.3
AG08187	FAD2 (PS1 L286V)	Presymp	20.5	4.5
AG08545	FAD2 (PS1 L286V)	Presymp	14.2	3.9
AG08171	FAD2 (PS1 L286V)	Presymp	28.5	5.9
AG08507	FAD2 (PS1 L286V)	Presymp	0.5	0.4
AG08177	FAD2 (PS1 L286V)	Presymp	1.4	0.4
Mean \pm SE FAD2 lines (10)			22.6 \pm 5.2	3.5 \pm 0.6
LB01	L family (PS1 Q206V)	AD	50.9	23.4
LB02	L family (PS1 Q206V)	AD	91.0	34.7
Mean L family lines (2)			70.9*	29.0**
KH	Sw/Fin (PS1 M148V)	AD	90.3	16.5
UBH	Sw/Fin (PS1 M148V)	AD	71.8	11.0
Mean Swad/Fin lines (2)			81.0*	13.8**
Mean \pm SE all PS1 lines (26)			36.8 \pm 5.2*	8.2 \pm 1.5†
VG1	VG (PS2 N141I)	AD	52.6	12.8
VG2	VG (PS2 N141I)	AD	49.2	9.0
VG3	VG (PS2 N141I)	AD	5.9	1.2
Mean \pm SE PS2 N141I lines (3)			22.8 \pm 5.2*	7.6 \pm 3.4*

†P < 0.0001; **P < 0.01; *P < 0.05 by one-tailed rank sum test compared with 38 control lines in Table 3.

sporadic AD (29 \pm 2 pM) (Fig. 2b) compared with the 75 age-matched control subjects (27 \pm 3 pM). This observation and our finding that A β 1-42(43) was significantly increased in all eight presymptomatic gene carriers (seven with APP_{K246N,M47L} mutations and one with a PS1_{L286V} mutation) indicate that the increased A β 1-42(43) observed in subjects with FAD-linked APP and PS1/2 mutations occurs as a direct consequence of the mutations and not as an indirect manifestation of the AD state or of altered nutrition or drug intake that might be associated with the AD state.

A β in medium conditioned by fibroblasts from FAD subjects
To obtain further and independent evidence that the FAD-linked PS1/2 mutations increase A β 42(43), we quantified the A β secreted by primary skin fibroblasts, since these cells are known to express the PS1 (L. Levesque *et al.*, manuscript submitted) and PS2 (ref. 17) genes. Conditioned medium was analyzed on days 2-5 *in vitro* for A β 1-40 (BAN-50/BA-27 ELISA) and on days 4 and 5 for A β ending at A β 42(43) (BC-05/4G8 or BAN-50/BC-05 ELISA)²². As a denominator, BAPP synthesized during 20-minute labelling with [³⁵S]methionine was quantified in the lysate of each fibroblast line. The A β 1-40 and A β ending at A β 42(43) [A β 42(43)] secreted by each line were normalized for that line's BAPP synthesis to assess A β 1-40 and A β 42(43) accumulation per molecule of BAPP synthesized.

Control fibroblasts and fibroblasts with FAD-linked PS1 mutations showed no significant difference in BAPP synthesis (Table

Table 3 A β from control fibroblasts
(means of all experiments, day 5)

Cell line	Family	A β /BAPP synthesis (pM/norm. pixels X 10 ⁻⁶)	
		A β 1-40	A β 42(43)
AG07610A	FAD1	9.1	0.7
AG07583A	FAD1	0.0	0.0
AG07823A	FAD1	18.9	0.0
AG08701	FAD1	19.2	0.8
AG08179A	FAD1	10.1	0.0
AG07671	FAD1	31.9	1.0
AG07675	FAD1	30.1	2.9
AG07576	FAD1	2.8	0.0
AG07579A	FAD1	4.4	0.7
AG07597	FAD1	3.2	0.3
AG08508	FAD2	2.9	0.0
AG08517	FAD2	16.8	0.0
AG08529	FAD2	33.8	2.1
AG08530	FAD2	17.5	0.0
AG08543	FAD2	18.3	3.4
AG08181	FAD2	28.0	4.3
AG08535	FAD2	51.4	4.5
AG08537	FAD2	29.1	3.2
AG08175	FAD2	24.7	6.0
AG08516	FAD2	1.8	1.0
AG08581	FAD2	30.0	4.0
AG08567	FAD2	1.2	1.2
AG08533	FAD2	1.0	2.2
JY54	Swad/Fin	72.7	4.5
JY60	Swad/Fin	48.4	6.2
SV	Swad/Fin	49.2	3.0
AH58	Swad/Fin	63.5	7.9
SH06	Swad/Fin	53.1	5.1
LB44	L family	38.9	1.6
LB45	L family	27.3	2.6
VGC1	VG	5.7	1.0
VGC2	VG	24.7	2.8
VGC3	VG	7.6	1.0
VGC4	VG	22.5	2.2
VGC5	VG	8.4	0.6
VGC6	VG	10.3	0.6
VGC7	VG	41.2	6.6
VGC8	VG	12.6	2.6
Mean \pm SE control lines (38)		23.2 \pm 3.1	2.3 \pm 0.3

1). Our initial analysis of 5-day conditioned medium from 11 FAD (seven FAD1, four FAD2) and 7 control lines matched for age and passage number, showed significant increases in A β 1-40 (P < 0.05) and A β 42(43) (P < 0.01) both before and after normalization for BAPP synthesis (Table 1, Experiment 1). We pursued these observations by performing five more experiments in which we compared a total of 30 control lines and 26 lines with FAD-linked PS1 mutations. In the six experiments, we made 15 comparative measurements of (A β 42(43)/BAPP synthesis) in control fibroblasts versus groups of fibroblasts with four different PS1 mutations (Table 1), and in each comparison, A β 42(43)/BAPP synthesis in the PS1 mutation lines always exceeded that in the control lines (Table 1).

In a second set of four experiments, we compared three fibroblast lines from subjects with PS2_{N141I} mutations with eight other control lines. In these four experiments, we made six comparative measurements of (A β 42(43)/BAPP synthesis) in the group of three lines with PS2_{N141I} mutations and the group of eight control lines, and in each comparison, A β 42(43)/BAPP synthesis in the PS2_{N141I} mutation lines again exceeded that in the controls. The values obtained (means \pm s.e.m.) for (A β 42(43)/BAPP synthesis) and (A β 1-40/BAPP synthesis) in the 29 lines with PS1 or PS2 mutations and the 38 control lines are listed in Tables 2 and 3, respectively.

The amount of A β secreted by fibroblasts varied considerably from line to line (Fig. 3). Nonetheless, in 5-day conditioned

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medium, there was a highly significant ($P < 0.0001$) overall increase in mean A β 42(43)/ β APP synthesis in the 26 lines with PS1 mutations (8.2 ± 1.5 pM) as compared with the 38 control lines (2.3 ± 0.3 pM) (Fig. 3, Tables 2 and 3). When we compared mean A β 42(43)/ β APP synthesis in the 38 controls to specific groups of mutant lines, we found (1) significant increases in the two PS1_{G229V} and two PS1_{M146V} lines from symptomatic subjects ($P = 0.009$ for each mutation); (2) a significant ($P = 0.0002$) increase in the twelve PS1_{A246E} lines (seven symptomatic and five presymptomatic); and (3) a significant ($P = 0.03$) increase in the three symptomatic PS2_{K141I} lines. The ten lines with PS1_{L286V} mutations (five symptomatic and five presymptomatic) also had elevated mean A β 42(43)/ β APP synthesis, but this increase was smaller than that observed for the other mutations and did not reach statistical significance ($P = 0.052$).

We also observed a significant ($P = 0.02$) overall increase in (A β 1-40/ β APP synthesis) in the 26 lines with PS1 mutations (36.8 ± 5.2) as compared with the 38 controls (23.2 ± 3.1). Significant increases in A β 1-40/ β APP synthesis were observed in the lines with PS1_{A246E} ($P = 0.05$), PS1_{G229V} ($P = 0.02$), and PS1_{M146V} ($P = 0.01$) mutations but there was no increase in the lines with a PS1_{L286V} mutation and the increase in lines with a PS2_{K141I} mutation was not significant ($P = 0.17$) (Tables 2 and 3). Thus A β 1-40/ β APP synthesis appeared to increase in fibroblasts with some FAD-linked PS1/2 mutations, but the effect was not nearly as pronounced or definite as that observed for A β 42(43)/ β APP synthesis.

Discussion

Our study strongly suggests that a fundamental, generalized effect of the FAD-linked APP, PS1 and PS2 mutations is to increase the extracellular concentration of A β 42(43). The plasma data are particularly important because they establish that these mutations increase extracellular A β 42(43) *in vivo*. This effect is likely to be directly related to the pathogenesis of AD, because A β 42(43) is deposited early¹ and selectively²⁻⁴ in the senile plaques that are an invariant feature of all forms of AD. Thus our results suggest that the FAD-linked mutations may all cause AD by increasing the extracellular concentration of A β 42(43), thereby fostering A β deposition, and they support the hypothesis that cerebral A β deposition is an essential early event in the pathogenesis of AD. Although this makes reduction of A β concentration and prevention of A β deposition attractive as therapeutic targets in AD, it does not mean that pathologic changes that may result from increased A β concentration and/or A β deposition (such as paired helical filament formation) are poor therapeutic targets, because the utility of preventing any pathologic change in AD depends on its importance in the development of dementia rather than on its relative position in the pathologic cascade that produces dementia.

It is possible that it is not A β deposition *per se* that triggers AD pathogenesis but another change caused by increased extracellular A β 42(43), such as the formation of soluble complexes containing A β 42(43) that are toxic. Toxic, soluble complexes of this sort could, in principle, foster incidental A β deposition that is not critically important for AD pathogenesis, even though A β deposition and the changes associated with it would invariably occur during the pathogenic process. It is also possible that the FAD-linked mutations all initiate as-yet-undefined molecular changes that lead to both a cascade of increased A β 42(43) concentration, A β deposition, and perhaps even neuritic plaque formation that is unrelated to the development of dementia, and

a separate pathologic cascade, possibly involving paired helical filament formation, that does lead to dementia. Given the burgeoning evidence that A β deposition or something closely linked to A β deposition is toxic *in vitro* and *in vivo* and the lack of evidence that the FAD-linked mutations produce changes unrelated to increased A β 42(43) that are involved in AD pathogenesis, we think that it is highly unlikely that the increased extracellular concentration of A β 42(43) produced by the FAD-linked mutations is an epiphenomenon. Importantly, plasma A β 42(43) was increased in all of the presymptomatic carriers that we examined, and it was not increased in the vast majority of symptomatic sporadic subjects. Thus elevated A β 42(43) is not a secondary phenomenon of the AD state.

The mechanism underlying the increase in A β 42(43) caused by PS1/2 mutations remains unclear. It has been suggested that the presenilins may be involved in the intracellular trafficking of membranous vesicles¹⁵. Thus, the presenilin missense mutations may alter membrane protein trafficking in a way that subtly enhances the exposure of β APP to the γ secretase that cleaves at A β 42, thereby increasing A β 42(43) generation.

It is, in our view, unlikely that cerebral A β 42(43) deposition is a direct result of the increased plasma A β 42(43) we report in subjects with FAD-linked APP and PS1/2 mutations. Rather, A β 42(43) deposition is presumably due to an increase in its extracellular concentration in the brain that occurs as part of a generalized effect of these mutations in neural and nonneural cells, all of which are known to express β APP and to secrete A β constitutively. It was reported recently that A β 42 declines in cerebrospinal fluid (CSF) samples from some patients with sporadic AD (ref. 31). To explain this finding, it was suggested that preferential deposition of A β 42(43) as insoluble deposits in AD brain may lead to reduced CSF levels of the soluble peptide, as occurs in another inherited CNS amyloid disease, cystatin C amyloidosis in Icelandic families, in which the level of the amyloid-forming protein is also reduced in the CSF of affected individuals undergoing progressive amyloid deposition³². Once cerebral A β deposition is under way, the data of Motter *et al.*³¹ suggest that the concentration of CSF A β 42(43) will decline, often to levels that are lower than normal. Because A β 42(43) deposition apparently occurs long before symptoms are evident, it will be important to examine A β 42(43) CSF levels both in young carriers (in whom A β deposition may be minimal) and in symptomatic carriers to establish that CSF A β 42(43) is elevated initially in subjects with PS1/2 mutations, as suggested by our data, but declines when cerebral A β deposition accelerates as suggested by Motter *et al.*³¹.

Increasing extracellular A β 42(43) concentration is only one of several mechanisms that could foster the cerebral A β deposition that invariably occurs in AD. Our results suggest that the mutations that cause early-onset FAD may all act through this mechanism, but our data also show that the A β 42(43) deposition that occurs in most sporadic AD patients is not caused by a generalized increase in extracellular A β 42(43) concentration that is evident in plasma. In sporadic AD, cerebral deposition of A β 42(43) must be caused by other factors, such as a local increase in the secretion of A β 42(43), alterations in A β binding proteins (for example, ApoE, ref. 33-36) that increase the rate of deposition, or an impairment of the cerebral mechanisms that normally remove soluble or deposited A β .

Although most of the sporadic AD patients that we examined clearly did not have increased plasma A β 42(43), inspection of the data from 71 sporadic AD patients and 75 controls (Fig. 2) shows that in 11 of the 146 subjects examined, A β 1-42(43) was

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elevated (Fig. 2b) into the range observed in subjects with the FAD-linked *APP*, *PS1* and *PS2* mutations. In this group of 11, the frequency of sporadic AD was substantially and significantly ($P < 0.03$) increased. Nine of these 11 had sporadic AD and the two unaffected individuals were younger subjects still at risk for AD. Five of the 11 were over the age of 80 and each had sporadic AD. Remarkably, two of the nine subjects with elevated plasma A β 1-42(43) showed this elevation before the onset of clinically apparent disease — they were in the control group initially and subsequently developed AD. Thus it is tempting to speculate that an elevated concentration of A β 1-42(43) that is detectable in plasma may play a part in 10–20% of sporadic AD cases and that this elevation may be present before symptoms develop. Further studies are needed to determine whether individuals who have elevated plasma A β 1-42(43) are, in fact, at greater risk of developing AD and, if so, whether there is a genetic basis for their AD.

Methods

Analysis of plasma A β 1-40 and A β 1-42(43). Symptomatic and presymptomatic carriers of FAD-linked mutations and at-risk noncarriers were identified conventionally by PCR using appropriate primers. For the study of sporadic AD, probable AD patients who were part of an Alzheimer's Disease Patient Registry²⁷ and corresponding control subjects of similar age and sex who were also enrolled in a larger, epidemiological AD case-control study²⁸ were evaluated by consecutive identification number. The clinical diagnosis of AD was based on National Institute of Neurological and Communicative Disorders and Stroke-Alzheimer's Disease and Related Disorders Association criteria²⁹. Blood was drawn into tubes containing EDTA. As rapidly as possible, cellular material was pelleted by centrifugation. Plasma was then frozen in 1-ml aliquots and stored at -70°C. To assay A β 1-40 and A β 1-42(43), plasma (300 μ l) was mixed with 525 μ l of EC buffer²⁸ and 75 μ l of CNBr-activated Sepharose beads (Pharmacia) covalently cross-linked to a nonspecific IgG1k monoclonal antibody. This mixture was rocked at 4°C for 2 h and the beads removed by centrifugation. This preabsorption with nonspecific IgG1k reduces signal associated with nonspecific proteins and is particularly helpful in the BAN-50/BC-05 assay. Ninety-six-well microtiter plates that had been coated with BAN-50 (ref. 29) were washed twice with PBS (100 mM phosphate, 150 mM NaCl, pH 7.4), and 50 μ l of EC buffer was added to each well to prevent drying. The preabsorbed supernatant (100 μ l) was then added in duplicate to the microtiter wells and BA-27-HRP or BC-05-HRP were used to detect A β 1-40 or A β 1-42(43), respectively, as described²⁹. In addition to experimental plasma samples, each plate contained known concentrations of synthetic A β 1-40 or A β 1-42 in EC buffer (used to construct a standard curve for determining the concentration of A β in each of the plasma samples) and known plasma samples from young volunteers that were used as standards to normalize the values obtained on each plate.

Specificity of plasma A β 1-40 and A β 1-42(43) assays. Plasma (50 ml) was applied to a BAN-50 column consisting of 0.75 mg of the antibody immobilized to 0.1 g of Tressyl Toyopearl resin. Adsorbed materials were eluted with 1 ml of 60% CH₃CN containing 0.2% trifluoroacetic acid (TFA), and the eluate was lyophilized and further fractionated by reversed-phase HPLC on a Vydac C4 column (4.6 \times 250 mm). In the fractionation, CH₃CN concentration (containing 0.1% TFA) was kept at 23.75% for the first 5 min and then linearly increased from 23.75 to 32.75% over 60 min at a flow rate of 0.5 ml/min. Aliquots from fractions were analyzed by BAN-50/BA-27 or BAN-50/BC-05 ELISA (ref. 29). When a BAN-50/BC-05

sandwich ELISA is used for analysis, synthetic A β 1-43 is detected with less sensitivity than A β 1-42 by a factor of 10. Since some of the plasma A β detected by BAN-50/BC-05 ELISA may be A β 1-43, this A β is referred to as A β 1-42(43). Synthetic A β 1-40 and A β 1-42 run immediately before the eluate from the BAN-50 column, eluted, respectively, in fraction 79, and as a broad peak in fractions 85–90. Thus, in plasma, as in medium conditioned by transfected cells²⁹, the BAN-50/BA-27 and BAN-50/BC-05 ELISAs recognize A β s that coelute with synthetic A β 1-40 and A β 1-42, respectively. Recovery of A β applied to the BAN-50 column was ~40% for both A β 1-40 and A β 1-42. Recovery of A β 1-40 and A β 1-42 from the C4 column was 66% and 28%, respectively. Assuming similar recovery of the A β 1-40 and A β 1-42(43) in plasma, we found that more than 95% of the BAN-50/BA-27 and BAN-50/BC-05 signals directly measured in plasma were due to A β 1-40 and A β 1-42(43), respectively.

Analysis of A β 1-40 and A β 42(43) secreted by fibroblasts. Fibroblasts were cultured in minimum essential medium (MEM) containing 10% FCS, penicillin, streptomycin, glutamine and 10 mM HEPES, pH 7.4. Sister cultures for analyzing β APP synthesis or the A β in medium conditioned 2–5 days were processed in parallel, plating initially at 80% confluence. Conditioned medium, stored frozen at -70°C, was thawed and analyzed for A β 1-42(43) (BAN-50/BC-05 ELISA)²⁹ or with a BC-05/4G8(anti-A β 17-24) ELISA that measures both A β 1-42(43) and N-terminally truncated A β s ending at A β 42(43) (ref. 2) (for example, A β 17-42(43)). It is preferable to use a BC-05/4G8 assay rather than a BAN-50/BC-05 assay when measuring low-level A β ending at A β 42(43) because 4G8-HRP produces less background signal than BC-05-HRP. Thus, we employed the BC-05/4G8 assay in our initial studies of fibroblast with *PS1* mutations. To evaluate A β 1-42(43) in the experiments on three *PS2*_{M141} lines versus eight control lines, we prepared multiple batches of BC-05-HRP. By selecting a batch with particularly low background, we were able to use a BAN-50/BC-05 assay to analyze the A β 1-42(43) secreted by these fibroblasts. These measurements showed that the concentrations of A β 1-42(43) (BAN-50/BC-05 assay) and A β X-42(43) (BC-05/4G8 assay) were essentially identical, indicating that in fibroblast medium both assays measure A β 1-42(43). This result is concordant with previously published data²⁶ showing that human skin fibroblasts differ from many other cells in that fibroblasts overwhelmingly produce full-length 4-kDa A β and very little P3. To assess β APP synthesis, cells were pulse-labeled for 20 min with ICN TRANS³⁵S-LABEL and the newly synthesized radiolabeled β APP was immunoprecipitated and quantified by phosphorimaging²⁷. Values for (A β 42(43)/ β APP synthesis) were calculated by dividing the concentration of A β 42(43) for each cell line by the β APP synthesis for that line.

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